



AIDA

12th Annual International Dermatology and Aesthetics Congress

September 4-6, 2026
Conrad Abu Dhabi Etihad Towers, UAE

Managed By:



www.aida-congress.com

WELCOME MESSAGE



12th Annual International Dermatology
and Aesthetics Congress

On behalf of the Organizing and Scientific Committees, it is our great pleasure to invite you to the 12th Annual International Dermatology and Aesthetics (AIDA) Congress, taking place on September 4-6, 2026 in Conrad Abu Dhabi Etihad Towers, UAE.

Over the past decade, AIDA has grown into the region's premier platform for advancing dermatology and aesthetics as vital pillars of modern healthcare. Fueled by innovation, research, and collaboration, this dynamic field demands continuous dialogue and exchange. Each year, AIDA brings together leading experts from across the globe to share knowledge, inspire new approaches, and shape the future of dermatology and aesthetic medicine in the UAE, the Middle East, and beyond.

For 2026, our Scientific Committee has designed a comprehensive three-day program featuring renowned national and international speakers. The agenda will deliver evidence-based updates and cutting-edge insights, tackling key challenges, emerging trends, and debated topics in dermatologic surgery, aesthetic dermatology, anti-aging therapies, and laser technologies—all aimed at elevating patient outcomes and clinical practice.

In addition to the scientific sessions, AIDA offers a diverse range of interactive activities, including hands-on workshops, meet-the-expert forums, IMCAS Alert discussions, keynote presentations, live demonstrations, case studies, poster competitions, and opportunities for abstract submission. Each activity is tailored to enrich learning, encourage collaboration, and support the professional growth of participants.

We are confident that the 12th AIDA Congress will provide an exceptional educational experience while fostering valuable networking opportunities and partnerships. Together, let us continue to drive innovation, advance patient care, and set new benchmarks in dermatology and aesthetics.

We look forward to welcoming you to Abu Dhabi for this prestigious gathering, where knowledge, collaboration, and excellence converge.



Dr. Ahmed Salem Al Dhaheri
Conference President
Consultant and Head of Dermatology,
Cleveland Clinic, Abu Dhabi, UAE



Dr. Khaled Othman
Honorary President
Consultant Dermatology & Aesthetics
Chairman of Skin & Slim Medical Center,
Abu Dhabi, UAE



Dr. Meera Al Adawi
Conference Vice President - Dermatology
Dermatology Consultant
Sheikh Khalifa Medical City (SKMC),
Abu Dhabi, UAE



Dr. Omar Alameri
Conference Vice President - Plastic Surgery
Consultant & Head of Plastic Surgery Department
Zayed Military Hospital, Abu Dhabi, UAE



Dr. Fatima Hasan Al Marzooqi
Organizing Committee Chair
Consultant Dermatologist,
Head of Dermatology Department
Zayed Military Hospital, Abu Dhabi, UAE



Dr. Huda Rajab Ali
Scientific Committee Chair
Chair of Dermatology Department,
SEHA Clinics, Abu Dhabi, UAE



Dr. Raghda Almaashari
Scientific Committee Co-Chair
Dermatology Consultant,
Cleveland Clinic Abu Dhabi, UAE

ORGANIZING COMMITTEE



12th Annual International Dermatology
and Aesthetics Congress



Dr. Fatima Hasan Al Marzooqi
Organizing Chair Committee
Consultant Dermatologist,
Head of Dermatology Department
Zayed Military Hospital, Abu Dhabi, UAE



Dr. Omar Alameri
Conference Vice President - Plastic Surgery
Consultant & Head of Plastic Surgery Department
Zayed Military Hospital, Abu Dhabi, UAE



Dr. Khaled Othman
Honorary President
Consultant Dermatology & Aesthetics
Chairman of Skin & Slim Medical Center,
Abu Dhabi, UAE

SCIENTIFIC COMMITTEE



Dr. Huda Rajab Ali
Scientific Committee Chair
Chair of Dermatology Department,
SEHA Clinics, Abu Dhabi, UAE



Dr. Raghda Almaashari
Scientific Committee Co-Chair
Dermatology Consultant,
Cleveland Clinic Abu Dhabi, UAE



FACULTY



Dr. Abdulrahman Alhammadi

General Physician,
Plastic Surgery Department
Zayed Military Hospital,
Abu Dhabi, UAE



Dr. Abeer Al-Balushi

Advanced Medical Dermatology Consultant
Member, Oman Dermatology Society
Muscat, Oman



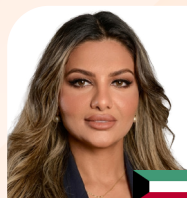
Dr. Abdalla Al Akeel

President, Saudi Society of Dermatology
and Dermatologic Surgery (SSDDS)
Consultant Dermatologist
Assistant Professor of Medicine
King Saud University, Riyadh, KSA



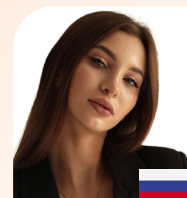
Dr. Ahmed Ameen

Consultant Dermatologist and Venereologist
NMC Specialty Hospital,
Abu Dhabi, UAE



Dr. Aisha Alkhadhari

Dermatology Specialist
Farwaniya Hospital, Kuwait



Dr. Aleksandra Minina

Aesthetic Medicine Physician
Moscow, Russia



Dr. Alexander Melerzanov

Associate Professor & Deputy CEO
Biophysics of the Future Institute
Moscow Institute of Physics and Technology (MIPT),
Russia



Dr. Ali Alajmi

Dermatologist Specialist
Head of the Laser Unit,
As'ad Al-Hamad Dermatology Center
Al-Sabah Hospital, Kuwait



Dr. Alia Galadari

Consultant Dermatologist, Dubai Health
Core Faculty, Mohammed Bin Rashid University of
Medicine and Health Sciences (MBRU),
Dubai, UAE



Dr. Amal Wagih

Dermatology Specialist
Damas Medical Center, Sharjah, UAE



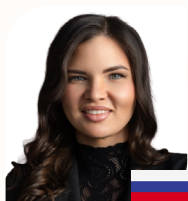
Dr. Amanjot Kaur Arora

Specialist Dermatologist
NMC Royal Medical Centre,
Ras Al Khaimah, UAE



Dr. Ameen Al Awadhi

Consultant Dermatologist & Dermatopathologist
Sheikh Khalifa Medical City, Abu Dhabi, UAE
Salmaniya Medical Complex, Bahrain



Dr. Anna Motorina

Dermatologist, Trichologist,
Dermato-Oncologist, Physiotherapist,
Aesthetic Doctor & International Trainer
Plastic Surgery and Aesthetic Medical Center,
Russia



Dr. Annalisa Calisti

Vascular Surgeon and Aesthetic
Medicine Specialist
President, International Regenerative
Medical Surgical Association
Central Coordinator,
Italian Society of Aesthetic Medicine
Rome, Italy



Dr. Amr Abdelhady Shora

Consultant of Plastic and
Reconstructive Surgery
Reshaping Clinic,
Cairo, Egypt

FACULTY



Dr. Ashraf Reda

Consultant Dermatologist,
Mediclinic Welcare Hospital, Dubai
Adjunct Clinical Associate Professor,
Mohammed Bin Rashid University of
Medicine and Health Sciences,
Dubai, UAE



Dr. Aya Al Rawahi

Dermatology Specialist
Al Khuwair Dermatology Center,
Muscat, Oman



Dr. Carlos Andrés Consoult

Reconstructive and
Aesthetic Plastic Surgeon
CACclinic International Spa,
Spain



Dr. Christeen M. Youssef

Dermatologist,
Associate Professor of Dermatology
Founder & CEO,
Everlast Wellness Medical Center
and Everlast Academy,
Abu Dhabi, UAE



Dr. Elina Movsarova

Dermatologist, Cosmetologist,
Trichologist & Leading Specialist
Medical Center Service,
Moscow, Russia



Dr. Emanuele Bartoletti

Specialist in Plastic, Reconstructive,
and Aesthetic Surgery
Director, International School of
Aesthetic Medicine, Rome, Italy



Dr. Emilio José Solano Solares

Consultant in Allergy and Immunology
Mediclinic Middle East Parkview Hospital,
Dubai, UAE



Dr. Enas Attia

Senior Consultant Dermatologist
SEHA Clinics, Abu Dhabi, UAE



Dr. Ernesto Delgado Cidranes

Head of Pain Unit Service
Blue Health Care Hospital
University Vithas International
University Hospital Vithas Madrid La Milagrosa,
Madrid, Spain



Dr. Fahad Al Farsi

Dermatologist in Charge of Skin Clinic
Barka Polyclinic Muscat,
Oman



Dr. Faisal Alsubaiei

Consultant Dermatologist
Al Adan Hospital and Alsalam Hospital,
Kuwait



Dr. Fatema Khamdan

Consultant Dermatologist and
Dermatopathologist
Salmaniya Medical Complex,
Manama, Bahrain



Dr. Fatima Alameri

Plastic & Reconstructive Surgeon
Zayed Military Hospital, Abu Dhabi, UAE



Dr. Francisco de Melo

Senior Consultant Plastic and
Reconstructive Surgery
Medical Director of The Aeon Clinic,
Dubai, UAE



Prof. Hanan Mohamed Ahmed Saleh

Head of the Dermatology,
Venereology & Andrology Department
Faculty of Medicine, Ain Shams University,
Egypt

FACULTY



Dr. Hassan Galadari

Consultant Dermatologist,
Galadari Derma Clinic
Medical Director, Aneeq,
Dubai, UAE



Dr. Heba El Sayed

Consultant in Dermatology and
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Dr. Heba Derma Clinic,
Cairo, Egypt



Dr. Hussein Abdel Dayem

Consultant Dermatologist
Mediclinic Airport Road Hospital,
Abu Dhabi, UAE



Dr. Jasem Alshemeili

Consultant & HOD Plastic Surgery
Zayed Military Hospital, Abu Dhabi, UAE



Dr. Khaled Othman

Honorary President
Consultant Dermatology & Aesthetician
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Dr. Loredana Cavalieri

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Dr. Mariam Al Mansoori

Specialist Rheumatology and Immunology
Burjeel Hospital, Abu Dhabi, UAE



Dr. Mariam-Tamar Miladze

Aesthetic Physician
Founder & Medical Director of Dr. Mariam Miladze's
Aesthetic Dermatology Center,
Tbilisi, Georgia



Prof. Marwa Abdelrahim Abdallah

Head of the Phototherapy Unit and Vitiligo Clinic
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Dr. Marwa Said Mahmoud Mohamed

Assistant Professor of
Dermatology and Venereology
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Dr. Matteo Vigo

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Dr. Mohamed Madbouly

Consultant Dermatologist
Head of the Dermatology Department
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Abu Dhabi, UAE



Dr. Mohammed Nabil Quraishi

Consultant Gastroenterologist and
Director of IBD Center
Sheikh Shakhboub Medical City
Adjunct Associate Professor, Khalifa University
Abu Dhabi, UAE



Dr. Muhammad Nasr

Specialist in Dermatology and
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FACULTY



Dr. Nabila Rashid

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Head of the Dermatology Department
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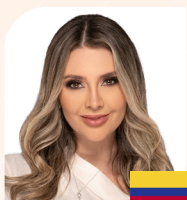
Dr. Nadya Al-Faraidy

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Dammam, KSA



Dr. Nancy A. Labib

Consultant Dermatologist, Venereologist
Aesthetic Medicine Specialist
Medical Director & Head of Dermatology
Medcare Clinics & Hospitals,
Dubai, UAE



Dr. Nycole Echeverry Alvis

Aesthetic and Reconstructive Surgeon
Majestic Plastic, Reconstructive,
and Aesthetic Surgery,
Columbia



Dr. Omar Alameri

Conference Vice President - Plastic Surgery
Consultant & Head of Plastic Surgery Department
Zayed Military Hospital,
Abu Dhabi, UAE



Dr. Omar Alshkeili

Pediatric Consultant and Pediatric
Dermatology Specialist
Sheikh Shakhboub Medical City,
Abu Dhabi, UAE



Dr. Pegah Dehdari

Specialist Dermatologist and Venereologist
The Reformery Aesthetic Clinic
Delia Clinic, Al Manara,
Dubai, UAE



Dr. Reem Alneebari

Consultant Dermatologist
Farwaniya Hospital,
Farwaniya, Kuwait



Dr. Reem El Bahtimi

Founder and Medical Director
Dermopath Consult, UAE



Dr. Romeu Fadul

Plastic Surgery Consultant
Brazilian Medical Center,
Doha, Qatar



Dr. Samah Mahmoud Tantawy

Specialist Dermatologist
SEHA Clinics,
Abu Dhabi, UAE



Dr. Sara Al Janahi

Dermatologist
Cleveland Clinic Abu Dhabi, UAE



Dr. Sergio Noviello

Aesthetic Surgeon, Cosmetic Surgeon &
International Trainer in Aesthetic
Medicine and Surgery
Sergio Noviello Clinic,
Milan, Italy



Dr. Shaden Abdelhadi

Consultant Pediatric Dermatologist
Dermatology Residency Program Director
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



Dr. Shaikhah Alabdulrazzaq

Consultant Dermatologist
Mubarak Al-Kabeer Hospital
Al-Salam Hospitals,
Kuwait

FACULTY



Dr. Srikumar Goturu
Specialist Dermatologist
Dr. Joseph Polyclinic (Amber Clinics),
Dubai, UAE



Dr. Syed Sajjad Gilani
General Practitioner,
Plastic Surgery Department
Zayed Military Hospital,
Abu Dhabi, UAE



Dr. Uliana Gout
Cosmetic Physician & Founder
London Aesthetic Medicine Services, UK



Dr. Vera Devyatyarova
Dermatologist & Aesthetic Medicine Doctor
Private Aesthetic Medicine Practice, Russia



Dr. Yousef Bin Amer
Chairman, Department of Dermatology
King Faisal Specialist Hospital and Research Centre,
Riyadh, Saudi Arabia



Dr. Yusra Salem Al Ali
Consultant Dermatologist
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



Dr. Zahir Osman Eltahir Babiker
Consultant Physician in Infectious Diseases and
Tropical Medicine
Sheikh Shakhboub Medical City,
Abu Dhabi, UAE



Dr. Zuramis Estrada Blanco
Obstetrics & Gynecology Specialist
Founder and CEO, Cimeg Madrid Medical Center
Medical Director, Southeastern University Hospital,
Madrid, Spain



AIDA

12th Annual International Dermatology and Aesthetics Congress

CONFERENCE AGENDA

DAY 1: September 4, 2026, Friday



12th Annual International Dermatology
and Aesthetics Congress

07:00 - 08:00	Registration
08:00 - 08:20	Welcome and Introduction - Master of Ceremony
08:25 - 08:30	Welcome Remarks

Plenary Session 1	Society Meeting Session (Main Hall) Moderators: Dr. Ayman Al Naeem, Dr. Mohamed Ahmed, Prof. Hanan Saleh
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08:30 - 08:45	Plenary Topic 1: Emirates Dermatology Society The Skin as a Window to Endocrine Disease <i>Dr. Nabila Rashid</i>
08:45 - 09:00	Plenary Topic 2: Kuwait Society of Dermatologists From Concept to Clinic: The Science of Lasers in Dermatologic Procedures <i>Dr. Ali Alajmi</i>
09:00 - 09:15	Plenary Topic 3: Oman Dermatology Society Tricky Cases in Dermoscopy: When Clinical Diagnosis Can Be Misleading <i>Dr. Marwa Said Mahmoud Mohamed</i>
09:15 - 09:30	Plenary Topic 4: Bahrain Dermatology Association Beyond the Pink and Blue: 4 Clinicopathological Pearls That Change Management <i>Dr. Fatima Khamdan</i>
09:30 - 09:45	Plenary Topic 5: Egyptian Women Dermatologic Society The Aging Epigenome: How to Reset the Age Clock? <i>Prof. Hanan Saleh</i>

09:45 - 10:15	OFFICIAL INAUGURATION
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10:15 - 10:30	Coffee Break, Exhibition Visit & Online Networking
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Parallel Sessions 1			
	TRACK 1: HOT TOPICS IN DERMATOLOGY (Main Hall) <i>Moderators: Dr. Moza Al Suwaidi, Dr. Jawaher Alnaqbi, Dr. Hussein Abdel Dayem</i>	TRACK 2: AESTHETICS MISCELLANEOUS UPDATES (Meeting Room 1&2) <i>Moderators: Prof. Khaled Othman, Dr. Hassan Galadari, Dr. Uliana Gout, Dr. Heba Elsayed</i>	WORKSHOP (Meeting Room 3&4)
10:30 - 10:45	Vitiligo in Focus: What's New, What's Next <i>Dr. Marwa Abdulrahim Abdallah</i>	Hottest Global Trends for 2026 <i>Dr. Uliana Gout</i>	WORKSHOP: Endodermolift and Endomucosal Lift <i>Dr. Amr Abdelhady Shora</i>
10:45 - 11:00	Psoriasis: Evolving Insights Into Pathogenesis and Therapy <i>Dr. Hussein Abdel Dayem</i>	Ethics in Cosmetic Dermatology <i>Dr. Hassan Galadari</i>	
11:00 - 11:15	Alopecia Areata 2026: From Bench to Bedside <i>Dr. Amanjot Kaur Arora</i>	Innovate Regenerative Medicine Treatments (PRGF- NAD+ - Exosomes) Differences , Uses , Indications and Pros & Cons <i>Dr. Nancy Labib</i>	
11:15 - 11:30	The New Age of Atopic Dermatitis: Biologics, JAKs, and Beyond <i>Dr. Faheem Latheef</i>	Melasma Treatment Evolution <i>Dr. Fahad Al Farsi</i>	
11:30 - 11:45	The HS Journey: From Delay to Diagnosis to Disease Control <i>Dr. Shaikhah Alabdulrazzaq</i>	Liposculpture/ Three-dimensional Body Contouring using EBD <i>Dr. Carlos Andrés Consoult</i>	
11:45 - 12:00	Navigating the Clinical Challenges of Chronic Hand Eczema <i>Dr. Faheem Latheef</i>	New Era of Tissue Bioengineering in Aesthetic Medicine <i>Dr. Christeen Youssef</i>	Threads Workshop <i>Dr. Ahmed Habiba</i>
12:00 - 12:15	JAK Inhibitors in Dermatology: Current Evidence and Emerging Directions <i>Dr. Fatima Khamdan</i>	Update of Dark Circle Management <i>Dr. Faisal Al Subaei</i>	

CONFERENCE AGENDA

DAY 1: September 4, 2026, Friday



12th Annual International Dermatology
and Aesthetics Congress

Parallel Sessions 1

	TRACK 1: HOT TOPICS IN DERMATOLOGY (Main Hall) <i>Moderators: Dr. Moza Al Suwaidi, Dr. Jawaher Alnaqbi, Dr. Hussein Abdel Dayem</i>	TRACK 2: AESTHETICS MISCELLANEOUS UPDATES (Meeting Room 1&2) <i>Moderators: Prof. Khaled Othman, Dr. Hassan Galadari, Dr. Uliana Gout, Dr. Heba Elsayed</i>	WORKSHOP (Meeting Room 3&4)
12:15 - 12:30	Duet: Immune Crossroads: Managing Biologic Therapies in Skin and Gut Disease <i>Dr. Mohammed Nabil Quraishi and Dr. Alia Galadari</i>	Ultrasound in Aesthetics: IBUS (Safe Inject and Avoid Complication) <i>Dr. Nycole Echeverry Alvis</i>	
12:30 - 12:45	Question and Answer	Question and Answer	

12:45 - 13:30 **JUMAA Prayer & Lunch Break | Exhibition Visit & Networking | Poster Presentation**

	Industry Symposium Session (Main Hall) <i>Disclosure to Learners: This is a non-CME accredited session</i>	TRACK 2: RESIDENTS CHAMPIONSHIP (Meeting Room 1 & 2) <i>Facilitators: TBA</i>
13:30 - 13:50	Sponsored Talk 1 Novartis	
13:50 - 14:10	Sponsored Talk 2 Lilly	
14:10 - 14:30	Sponsored Talk 3 Organon	
14:30 - 14:50	Sponsored Talk 4 Sanofi	
14:50 - 15:20	Abstract Poster Viewing, Exhibition Visit & Networking	

Parallel Sessions 2

	TRACK 1: GENERAL DERMATOLOGY (Main Hall) <i>Moderators: Dr. Muna Saqir, Dr. Shihadah Salamah, Dr. Muna Al Murrawi</i>	TRACK 2: INJECTABLES SESSION (Part 1 & 2) (Meeting Room 1&2) <i>Moderators: Prof. Khaled Othman, Dr. Uliana Gout, Dr. Hassan Galadari</i>	WORKSHOP (Meeting Room 3&4)
15:20 - 15:35	When Eczema Isn't Eczema: Recognizing Mycosis Fungoides Early (Diagnosis) <i>Dr. Yousef Bin Amer</i>	Non-surgical Rhinoplasty <i>Dr. Matteo Vigo</i>	Hands on Workshop: How We Can Inject Safely Using Ultrasound <i>Dr. Nycole Echeverry Alvis</i>
15:35 - 15:50	Clinical Pearls and Pitfalls in Managing Mycosis Fungoides (Management) <i>Dr. Yousef Bin Amer</i>	Lip Rejuvenation & Perioral Optimisation - Personal Tips & Tricks <i>Dr. Uliana Gout</i>	
15:50 - 16:05	Biologic and JAK inhibitor Use in Autoimmune Nail Disease <i>Dr. Faisal Al Subaei</i>	From A to Z: Mastering the Tear Trough Defect – Anatomy, Technique, and Safety in Dermal Filler Infiltration Abstract <i>Dr. Heba Elsayed</i>	
16:05 - 16:20	Scarring vs Non-Scarring Alopecia: Where Do We Draw the Line? <i>Dr. Reem Al Neebari</i>	Toxins in Aesthetics Updates 2025-2026 (Part 1) <i>Prof. Khaled Othman</i>	

CONFERENCE AGENDA

DAY 1: September 4, 2026, Friday



12th Annual International Dermatology
and Aesthetics Congress

Parallel Sessions 2

	TRACK 1: GENERAL DERMATOLOGY (Main Hall) <i>Moderators: Dr. Muna Saqir, Dr. Shihadah Salamah, Dr. Muna Al Murrawi</i>	TRACK 2: INJECTABLES SESSION (Part 1 & 2) (Meeting Room 1&2) <i>Moderators: Prof. Khaled Othman, Dr. Uliana Gout, Dr. Hassan Galadari</i>	WORKSHOP (Meeting Room 3&4)
16:20 - 16:35	The Use of AI in Dermatology <i>Dr. Alia Galadari</i>	Toxins in Aesthetics Updates 2025-2026 (Part 2) <i>Prof. Khaled Othman</i>	
16:35 - 16:50	Nailed It! Clinical Pearls in Nail Diagnosis and Treatment <i>Dr. Faisal Al Subaei</i>	Facial Rejuvenation with Stem Cells from Fatty Tissue, Peripheral System, and PRP <i>Dr. Carlos Andrés Consoult</i>	
16:50 - 17:05	Duet: When Rash Means Reaction: Drug Hypersensitivity at the Crossroads <i>Dr. Shaikhah Alabdulrazzaq & Dr. Emilio José Solares</i>	Ideal Lip Filler Technique <i>Dr. Hassan Galadari</i>	
17:05 - 17:20	Question & Answer	Question & Answer	

END OF DAY 1

CONFERENCE AGENDA

DAY 2: September 5, 2026, Saturday

08:00 - 08:25	Registration
08:25 - 08:30	Welcome and Introduction - Master Ceremony

Parallel Sessions 3

	TRACK 1: DERMATOLOGY MISCELLANEOUS UPDATES (Main Hall) <i>Moderators: Dr. Omar BinMahfoodh, Dr. Amani Al Falasi, Dr. Ashraf Reda</i>	TRACK 2: AESTHETICS MISCELLANEOUS UPDATES (Meeting Room 1 & 2) <i>Moderators: Dr. Uliana Gout, Dr. Vera Devyatyarova, Dr. Christeen Youssef</i>
8:30 - 8:45	Dermatophytosis on the Rise: Are We Losing the Battle? <i>TBA</i>	Periorbital Rejuvenation <i>Dr. Matteo Vigo</i>
8:45 - 9:00	New Frontiers in Dermatologic Pharmacology <i>Dr. Ashraf Reda</i>	Male Aesthetic : Naturally Masculine <i>Dr. Pegah Dehdari</i>
9:00 - 9:15	Disease Modification in Dermatology <i>Dr. Ahmed Ameen</i>	Decoding Longevity & Regenerative Aesthetics - Why it's the Hottest Global Trend for 2026 <i>Dr. Uliana Gout</i>
9:15 - 9:30	Phototherapy Pearls: Tips, Tricks, and Clinical Realities <i>Dr. Muhammad Nasr</i>	Scars Treatment: New Hybrid Techniques with Botulinum Toxin Type A in the Early Post-Surgical Period <i>Dr. Elina Movsarova</i>
9:30 - 9:45	The Resurgence of STIs: Diagnostic and Therapeutic Challenges in 2025 <i>Dr. Zahir Osman Eltahir Babiker</i>	New Era of Tissue Bioengineering in Dermatology <i>Dr. Christeen Youssef</i>
9:45 - 10:00	Pediatric Crisis Corner: What Every Clinician Should Know <i>Dr. Omar Al Sheikli</i>	Accents of Young and Healthy Body Skin Using the Biostimulator PLLA <i>Dr. Anna Motorina</i>

CONFERENCE AGENDA

DAY 2: September 5, 2026, Saturday



12th Annual International Dermatology
and Aesthetics Congress

Parallel Sessions 3

	TRACK 1: DERMATOLOGY MISCELLANEOUS UPDATES (Main Hall) <i>Moderators: Dr. Omar BinMahfoodh, Dr. Amani Al Falasi, Dr. Ashraf Reda</i>	TRACK 2: AESTHETICS MISCELLANEOUS UPDATES (Meeting Room 1 & 2) <i>Moderators: Dr. Uliana Gout, Dr. Vera Devyatyarova, Dr. Christeen Youssef</i>
10:00 - 10:15	Scabies Resistance: Mechanisms, Evidence, and Management Strategies <i>TBA</i>	Reconstructive Surgery Using Biopolymers <i>Dr. Carlos Andrés Consoult</i>
10:15 - 10:30	Latest Updates on Dystrophic Epidermolysis Bullosa <i>Dr. Shaden Abdelhadi</i>	The Rise of Regenerative Gyneco-Dermatology: PRP, Biostimulators, and Beyond <i>Dr. Aisha Alkhadhari</i>
10:30 - 10:45	Question & Answer	Question & Answer
10:45 - 11:00	Coffee Break Exhibition Visit & Online Networking Poster Presentation	

PARALLEL WORKSHOP III (Meeting Room 3 & 4)

Wound Suturing Techniques and Simple Flaps Hands-on Workshop

Organized by:
The Plastic & Reconstructive Surgery Department
Zayed Military Hospital Course
Director: Dr. Omar Al Ameri

Scientific Presentations

09:00 - 09:05	Welcoming Message and Introduction to Plastic Surgery	<i>Dr. Omar Alameri</i>
09:05 - 09:15	Type of Suture Materials	<i>Dr. Abdulrahman Alhammadi</i>
09:15 - 09:25	Suturing Instruments - How to Handle	<i>Dr. Fatima Alameri</i>
09:25 - 09:35	Technique of Taking a Simple Stitch	<i>Dr. Abdul Rahman Alhamadi</i>
09:35 - 09:45	Other Suturing Techniques	<i>Dr. Sajjad Sayed</i>
09:45 - 09:55	Special Situations in Suturing	<i>Dr. Medhat Habib</i>
09:55 - 10:05	Pitfalls in Suturing Techniques	<i>Dr. Jasem Alshemelli</i>
10:05 - 10:15	Panel Discussion and Q&A	
10:15 - 10:30	Coffee Break	
10:30 - 13:00	Hands-On Workshop: Suturing Techniques, Simple Flaps and Wound Coverage	

PARTICIPANTS WILL PRACTICE:

- Basic suturing techniques
- Advanced suturing methods
- Skin closure strategies
- Wound coverage principles



OBJECTIVES



- Practice various suturing techniques for optimal wound closure
- Learn to design and execute simple local flaps
- Enhance skills in basic and advanced suturing methods



**CERTIFICATE OF HANDS-ON
TRAINING WILL BE PROVIDED
TO PARTICIPANTS**

CONFERENCE AGENDA

DAY 2: September 5, 2026, Saturday



12th Annual International Dermatology
and Aesthetics Congress

Parallel Sessions 4

	TRACK 1: INJECTABLES UPDATES (Main Hall) <i>Moderators: Prof. Khaled Othman, Dr. Vera Devyatyarova, Dr. Uliana Gout</i>	TRACK 2: VITILIGO MASTERCLASS (Meeting Room 1&2) <i>Moderators: Dr. Dimitri Dimitrov, Dr. Sultan Al Kaabi</i>
11:00 - 11:15	Pushing the Boundaries : HA Meets Bionutrients <i>Dr. Pegah Dehdari</i>	Advances in Vitiligo Pathogenesis <i>Dr. Marwa Abdulrahim Abdallah</i>
11:15 - 11:30	Anticipating and Avoiding Pitfalls: A Comprehensive Guide to Botulinum Toxin Complications and Prevention Strategies <i>Dr. Heba Elsayed</i>	Vitiligo and its Great Mimickers <i>Dr. Ameen Awadi</i>
11:30 - 11:45	Volumetric Augmentation of Chin Area: Layered Anatomy, Risks, Adverse Events and Approaches to be Effective and Safe <i>Dr. Vera Devyatyarova</i>	The Psychosocial Burden of Vitiligo - Beyond Skin Deep <i>Dr. Enas Attia</i>
11:45 - 12:00	3D Vectors Face Lift by CAHA <i>Dr. Nancy Labib</i>	Phototherapy in Vitiligo <i>Dr. Marwa Abdulrahim Abdallah</i>
12:00 - 12:15	Lip Augmentation as an Art in the Hands of an Aesthetic Doctor <i>Dr. Anna Motorina</i>	Advances in Systemic Treatment in Vitiligo <i>Dr. Mohamed Madbouly</i>
12:15 - 12:30	Rhinoplasty Without Surgery <i>Dr. Mariam-Tamar Miladze</i>	Surgical <i>Dr. Aya Alrawahi</i>
12:30 - 12:45	Question & Answer	Question & Answer
12:45 - 13:45	Prayer & Lunch Break Exhibition Visit & Networking	
	Industry Symposium Session (Main Hall) <i>Disclosure to Learners: This is a non-CME accredited session</i>	
13:45 - 14:05	Sponsored Talk 6 Abbvie	
14:05 - 14:25	Sponsored Talk 7 Pfizer	
14:25 - 14:45	Sponsored Talk 8 Galderma	
14:45 - 15:15	Coffee Break, Exhibition Visit & Networking Poster Presentation	

Parallel Sessions 5

	TRACK 1: AUTOIMMUNE (Main Hall) <i>Moderators: Dr. Fatima Al Breiki, Dr. Omar Al Sheikli, Dr. Zaidoon Abdel Hadi</i>	TRACK 2: AESTHETICS MISCELLANEOUS UPDATES (Meeting Room 1&2) <i>Moderators: Prof. Khaled Othman, Dr. Vera Devyatyarova, Dr. Carlos Andrés Consault, Dr. Matteo Vigo</i>	TRACK 3: SOCIAL MEDIA WORKSHOP (Meeting Room 3&4) <i>Moderators: Dr. Salim Al Owais, Dr. Badreya Al Shehhi, Dr. Alia Galadari</i>
15:15 - 15:30	Evolving Therapies in Refractory Urticaria: From Antihistamines to Biologics <i>Dr. Emilio José Solares</i>	Dermal Carcass Remodeling Strategy of the Abdominal Area in the Postnatal Period <i>Dr. Aleksandra Minina</i>	

CONFERENCE AGENDA

DAY 2: September 5, 2026, Saturday



AIDA

12th Annual International Dermatology
and Aesthetics Congress

Parallel Sessions 5

	TRACK 1: AUTOIMMUNE (Main Hall) <i>Moderators: Dr. Fatima Al Breiki, Dr. Omar Al Sheikli, Dr. Zaidoon Abdel Hadi</i>	TRACK 2: AESTHETICS MISCELLANEOUS UPDATES (Meeting Room 1&2) <i>Moderators: Prof. Khaled Othman, Dr. Vera Devyatyarova, Dr. Carlos Andrés Consoult, Dr. Matteo Vigo</i>	TRACK 3: SOCIAL MEDIA WORKSHOP (Meeting Room 3&4) <i>Moderators: Dr. Salim Al Owais, Dr. Badreya Al Shehhi, Dr. Alia Galadari</i>
15:30 - 15:45	Scleroderma <i>Dr. Abeer Al Balushi</i>	Evidence-Based Laser Rejuvenation: What Actually Works? <i>Dr. Aisha Alkhadhari</i>	
15:45 - 16:00	Advances in Understanding Type 2-Driven Skin Inflammation <i>Dr. Srikumar Goturu</i>	Ultrasound Fingerprints: How to Identify Different Dermal Fillers in Clinical Practice <i>Dr. Nycole Echeverry Alvis</i>	
16:00 - 16:15	New Horizons in the Treatment of Autoimmune Bullous Dermatoses <i>Dr. Nadya Al-Faraidy</i>	Recent innovations for Subdermal and Submucosal Laser Applications <i>Dr. Amr Abdelhady Shora</i>	
16:15 - 16:30	Histopathological Patterns in Autoimmune Disease <i>Dr. Reem El Bahtimi</i>	Facial Sculpting with Right Combination <i>Dr. Mariam-Tamar Miladze</i>	
16:30 - 16:45	Skin in the Balance: The Microbiome's Role in Chronic Inflammation <i>Dr. Yusra Salem Al Ali</i>	Regenerative Body Aesthetics: Clinical Applications of Biostimulatory Treatments <i>Dr. Francisco Manuel de Melo</i>	
16:45 - 17:00	Cutaneous Lupus: What's New in Management <i>Dr. Mariam Al Mansoori</i>	Patent Thiamedol, Life Changing Clinical Trial with Triple Combination Therapy (Modified Kligman Formula) <i>Dr. Nancy Labib</i>	
17:00 - 17:05	Duet: Cutaneous Clues, Systemic Views: The Derm-Rheum Perspective on Lupus <i>Dr. Mariam Al Mansoori & Dr. Sara Al Janahi</i>	Mesotherapy Lecture <i>Dr. Ahmed Habiba</i>	
17:05 - 17:20	Question and Answer	Question and Answer	

END OF DAY 2

CONFERENCE AGENDA

DAY 3: September 6, 2026, Sunday



12th Annual International Dermatology
and Aesthetics Congress

09:00 - 09:05 Welcome and Introduction

VIRTUAL SESSION 1: Regenerative Aesthetic Medicine, Skin Health & Dermatologic Innovation

09:05 - 09:20 Autologous Secretoma from PRP Ultrafiltration Technology, Results on Skin Rejuvenation *Dr. Annalisa Calisti*

09:20 - 09:35 From Skin to Brain: Unlocking Mitochondrial Optimization *Dr. Ernesto Cidranes*

09:35 - 09:50 The Inner Health Paradigm in Aesthetic Medicine—A Holistic Approach for Populations with Metabolic Comorbidities *Dr. Alexander Melerzanov*

09:50 - 10:05 Melasma: An Overview of Current Topical Therapeutics *Dr. Samah Tantawy*

10:05 - 10:15 At-Home Light-Based Devices in Dermatology: Clinical and Aesthetic Applications, Evidence, and Safety Considerations *Dr. Amal Wagih*

10:15 - 10:30 Biomimetic Innovation for Intimate Health: New Perspective in Genital Regeneration *Dr. Zuramis Estrada Blanco*

10:30 - 10:45 A New Amino Acid Sweetener as a Strategy for Modulating the AGE-RAGE Pathway to Counteract Skin Aging *Dr. Alexander Melerzanov*

10:45 - 11:00 Question and Answer

VIRTUAL SESSION 2: Injectables, Neuromodulation & Advanced Facial Rejuvenation

11:00 - 11:15 Evolution of Neuromodulation Techniques After 30 Years of Experience *Dr. Emanuele Bartoletti*

11:15 - 11:30 Injectables: Refining the Art of Hand Rejuvenation – Technique and Results with Diluted Calcium Hydroxylapatite *Dr. Loredana Cavalieri*

11:30 - 11:45 Late-onset Eyelid Edema After Hyaluronic Acid *Dr. Emanuele Bartoletti*

11:45 - 12:00 Facelift in Patients with Permanent Fillers *Dr. Romeu Fadul*

12:00 - 12:15 The BAT IDEAL Protocol: A Retrospective Comparative Study of 806 Consecutive Liposuction Procedures *Dr. Sergio Noviello*

12:15 - 12:30 Question and Answer

12:30 - 12:45 CLOSING REMARKS & END OF THE CONFERENCE

Registration

Physician: 2000 AED

Non-Physician: 1400 AED

Student: 600 AED

All prices are 5% VAT Exclusive

MANAGED BY:



For more information, please contact:
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The Pearl Event Management Services is accredited by the Department of Health Abu Dhabi (DOH) to provide continuing medical education for healthcare professionals.

